



Highwood Primary School,  
Fairwater Drive,  
Woodley,  
READING,  
Berkshire.  
RG5 3JE

Tel: 0118 926 5493

Absence text message number: 0786 000 5083

Email: [admin@highwood.wokingham.sch.uk](mailto:admin@highwood.wokingham.sch.uk)  
[www.highwood.wokingham.sch.uk](http://www.highwood.wokingham.sch.uk)

Head Teacher: Mr M Hickey BA(Ed), PE QTS

12<sup>th</sup> September 2018

Dear Year 4 Parents/Carers,

### **Bikeability Level 1**

We are pleased to inform you that we are planning to host a Bikeability Level 1 Cycle Training Course for year 4 children on Friday 19<sup>th</sup> October 2018. The course is open to any pupils in Year 4 who can ride a pedal bike without stabilisers..

**Bikeability** is the name for the National Standard for Cycle Training. There are 3 levels of training:

- Level 1:** Training on the playground for children aged 8 – 10 years who can already ride a pedal bike. (Please note this is **not** a Learn to Ride session and children should not attend with bikes with stabilisers.)
- Level 2:** Aims to give children the skills and experience to cycle safely and confidently on today's roads. Training takes place mainly on roads with traffic and this course is usually offered in Year 5 or Year 6.
- Level 3:** Training for confident cyclists (aged 11+) on busier roads, multi-lane roads and more complex junctions & roundabouts. This training is run in secondary schools or on courses in the school holidays.

The Bikeability Level 1 course is being organised by Wokingham Borough Council and is being carried out by fully qualified Bikeability Instructors, who have all had recent DBS (Disclosure & Barring Service) checks. The training will be funded by a Bikeability grant from the Department for Transport and the My Journey Wokingham project, so there will be no charge for the course.

For the course, your child will need to bring with them:

- **A bike which is safe and in good working order** (With tyres inflated and both brakes working.) A bike check will be carried out and any child whose bike is unsafe **will not** be able to take part.
- **A bike which is the correct size** (not too big and not too small).
- **A cycle helmet** (which again must be of the correct size and fit properly). If you would like any help or advice on this there will be a drop in session before school on Wednesday 17<sup>th</sup> October or please contact Michelle (our Parent Support Advisor) via the school office.

Please note that sessions are held outdoors. Please ensure that your child has some **wet weather clothing** and warm clothing (including gloves) if appropriate.

I do hope you will register your child for this training. If you would like to book a place, please

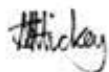
**easyfundraising**  
.org.uk

Raise money for the school by signing up to Easy fundraising.  
<http://www.easyfundraising.org.uk/causes/highwoodprimaryschool>



complete and return the attached consent form to school by **Friday 21<sup>st</sup> September** at the latest.

Yours sincerely



Matt Hickey  
Headteacher  
Highwood Primary School

---

**Year 4 – Bikeability Level 1 – Friday 19<sup>th</sup> October**

I/We give permission for \_\_\_\_\_ (child's name) to take part in the Bikeability level 1 session on Friday 19<sup>th</sup> October.

I understand that my child needs to bring a bike which is safe (tyres inflated and both brakes working) and the correct size and that they need a correctly fitting cycle helmet.

I understand that if there is a safety issue with the bike or helmet that my child will not be able to take part.

Signed \_\_\_\_\_ (Parent/carer)

**easyfundraising**  
.org.uk

Raise money for the school by signing up to Easy fundraising.  
<http://www.easyfundraising.org.uk/causes/highwoodprimaryschool>

