

# Ready for school

# Ready for life

## Communication

- I can ask for help
- I listen to others
- I can follow instructions
- I can express my needs
- I enjoy singing nursery rhymes
- I like story telling

## Social and emotional

- I can share
- I enjoy turn taking games
- I enjoy playing with other children
- I enjoy eating meals with my family
- I can leave my main carer

## Learning together

- I go to the library
- I enjoy looking at books
- I enjoy cooking
- I like going shopping
- I enjoy exploring the outdoors
- I enjoy playing with play dough

## Health and wellbeing

- I visit the dentist
- I eat healthy food
- I enjoy exercise
- I have had my immunisations

## Self help

- I can wash my hands
- I can use the toilet
- I can feed myself
- I drink from an open cup
- I can get myself dressed

Helping children to learn throughout their early years in readiness for school and life



**WOKINGHAM**  
BOROUGH COUNCIL

## Ways to establish strong roots for your children...

Sing nursery rhymes together

Engage in messy play

Encourage and praise your child

Ditch the dummy

Set good routines

Talk to your baby

Spend quiet times together without the TV

Tell and share stories