



## Year F1: Autumn

### Why do things change?



#### The World

Show interest in different occupations  
Explore how things work  
Plant seeds and care for growing plants  
Understand the key features of the life cycle of a plant and an animal  
Begin to understand the need to respect and care for the natural environment and all living things



#### Expressive Arts and Design

Explore different materials freely, to develop their ideas about how to use them and what to make  
Join different materials and explore different textures  
Develop their own ideas and then decide which materials to use to express them  
Explore colour and colour-mixing



**Hook:** Growing sunflowers  
**Enrichment:** Baking biscuits  
**Wow Event:** Living Eggs



#### Physical Development

Show a preference for a dominant hand  
Continue to develop their movement, balancing, riding (scooters, trikes and bikes) and ball skills  
Be increasingly independent as they get dressed and undressed

#### Communication and language

Sing a large repertoire of songs  
Enjoy listening to longer stories and can remember much of what happens  
Pay attention to more than one thing at a time, which can be difficult  
Use a wider range of vocabulary

#### Personal, Social and Emotional Development

Play with one or more other children, extending and elaborating play ideas  
Show more confidence in new social situations  
Increasingly follow rules, understanding why they are important