

# Rights and responsibilities

How can my voice and actions leave an impression?

Facts and opinions

Making profit and spending money

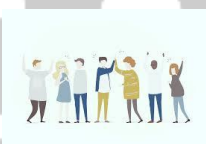
Public services

# Me and my relationships

Are all relationships the same?

Negotiation, compromise and resolutions

Assertiveness and coping with risky situations



Communication online

# Valuing difference

Mutual respect in a diverse society

Respecting others

How many of us are different?

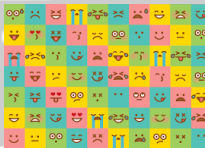
Safe boundaries

Physical changes

Tuning in with our emotions

# Growing and changing

Information sharing and truth



How will puberty change us?

# Keeping myself safe



Types of risks

Bullying

Smoking and drugs

# Being my best

How do I unlock my star qualities as I am growing up?

Food, drink and rest

Effects of smoking and alcohol

Strengths and talents

Basic first aid

Should we dare others to take a risk?

