

Me and my relationships

How do my feelings affect me and my friendships?

Communicating non-verbally and emotions

How bodies and feelings can be hurt

Being a good friend and resolving issues

Being my best

How can I keep myself at my best?

Healthy foods and importance of five-a-day

Importance of hygiene

Learning new skills

Effects of behaviour

Rights and responsibilities

What am I responsible for?

How have we changed from then till now?

Body parts

Basic needs

Secrets

Growing and changing

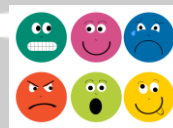
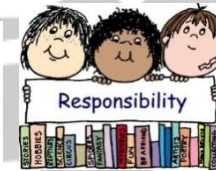
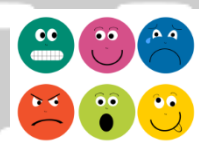
Medicines

Feelings

Healthy lifestyles

How can I keep myself safe?

Keeping myself safe



Valuing difference

How can we show our respect for others differences?

Similarities and differences between people

Positive Relationships

What is means to be kind