

Year/Half-termly unit titles	1 Me and my Relationships	2 Valuing Difference	3 Keeping Safe	4 Rights and Respect	5 Being my Best	6 Growing and Changing
EYFS	What makes me special People close to me Getting help R1 (Nur) R2 AUT 1	Similarities and difference Celebrating difference Showing kindness VD1 VD2 VD3 SUM1	Keeping my body safe Safe secrets and touches People who help to keep us safe KMS1 KMS2 SUM 2	Looking after things: friends, environment, money RR1 SPR 1	Keeping by body healthy – food, exercise, sleep Growth Mindset BMB1 BMB2 AUT 2	Cycles Life stages Girls and boys – similarities and difference GC1 SPR 2
Y1	Feelings Getting help Classroom rules Special people Being a good friend R1 R2 AUT 1	Recognising, valuing and celebrating difference Developing respect and accepting others Bullying and getting help VD1 VD2 VD3 SPR 2	How our feelings can keep us safe – including online safety Safe and unsafe touches Medicine Safety Sleep KMS1 KMS2 SUM 1	Taking care of things: Myself My money My environment RR1 RR2 SPR 1	Growth Mindset Healthy eating Hygiene and health Cooperation BMB1 BMB2 BMB3 AUT 2	Getting help Becoming independent My body parts Taking care of self and others GC1 SUM 2
Y2	Bullying and teasing Our school rules about bullying Being a good friend Feelings/self-regulation R1 R2 AUT 2	Being kind and helping others Celebrating difference People who help us Listening Skills VD1 VD2 VD3 SPR 1	Safe and unsafe secrets Appropriate touch Medicine safety KMS1 KMS2 KMS 3 SPR 2	Cooperation Self-regulation Online safety Looking after money – saving and spending RR2 RR3 SPR 1	Growth Mindset Looking after my body Hygiene and health Exercise and sleep BMB2 BMB3 SUM 2	Life cycles Dealing with loss Being supportive Growing and changing Privacy GC1 SUM 2
Y3	Rules and their purpose Cooperation Friendship (including respectful relationships) Coping with loss R1 R2 SPR 1	Recognising and respecting diversity Being respectful and tolerant My community VD1 VD2 VD3 AUT 1	Managing risk Decision-making skills Drugs and their risks Staying safe online KMS1 KMS2 KMS 3 SPR 2	Skills we need to develop as we grow up Helping and being helped Looking after the environment Managing money RR1 RR2 SUM 1	Keeping myself healthy and well Celebrating and developing my skills Developing empathy BMB2 BMB3 SUM 2	Relationships Changing bodies Keeping safe Safe and unsafe secrets GC1 GC2 SUM 2
Y4	Healthy relationships Listening to feelings Bullying Assertive skills R1 R2 AUT 1	Recognising and celebrating difference (including religions and cultural difference) Understanding and challenging stereotypes VD1 VD2 VD3 SPR 1	Managing risk Understanding the norms of drug use (cigarette and alcohol use) Influences Online safety KMS1 KMS2 KMS 3 SUM2	Making a difference (different ways of helping others or the environment) Media influence Decisions about spending money RR1 RR2 SPR 2	Having choices and making decisions about my health Taking care of my environment My skills and interests BMB1 BMB2 BMB3 AUT 1	Body changes during puberty* Managing difficult feelings Relationships including marriage GC1 GC2 SUM 1
Y5	Feelings Friendship skills, including compromise Assertive skills Cooperation Recognising emotional needs R1 R2 AUT 1	Recognising and celebrating difference, including religions and cultural Influence and pressure of social media VD1 VD2 VD3 SPR 2	Managing risk, including online safety Norms around use of legal drugs (tobacco, alcohol) Decision-making skills KMS1 KMS2 KMS3SUM2	Rights, respect and duties relating to my health Making a difference Decisions about lending, borrowing and spending RR1 RR2 RR3 AUT 1	Growing independence and taking ownership Keeping myself healthy Media awareness and safety My community BMB1 BMB2 BMB3 SUM 2	Managing difficult feelings Managing change Puberty How my feelings help keeping safe Getting help GC1 GC2 SPR 1
Y6	Assertiveness Cooperation Safe/unsafe touches Positive relationships R1 R2 AUT 1	Recognising and celebrating difference Recognising and reflecting on prejudice-based bullying Understanding Bystander behaviour Gender stereotyping VD1 VD2 VD3 SPR2	Understanding emotional needs Staying safe online Drugs: norms and risks (including the law) KMS1 KMS2 KMS 3 SUM 1	Understanding media bias, including social media Caring: communities and the environment Earning and saving money Understanding democracy RR1 RR3 AUT 1	Aspirations and goal setting Managing risk Looking after my mental health BMB1 BMB2 BMB3 SUM 2	Coping with changes Keeping safe Body Image Sex education Self-esteem GC1 GC2 SPR 1