ASC Menu

Week A

Monday	Cheese or plain pasta with ham and chicken Salad – cucumber, carrot sticks Yogurt tubes
Tuesday	Loaded rice cakes and crisp Salad – cucumber, carrot sticks Yogurt tubes
Wednesday	Chicken nuggets and Smiley faces Salad – cucumber, carrot sticks, tomatoes Yogurt tubes
Thursday	Make your own pitta pizza! (various toppings including ham, chicken, sweetcorn, peppers and cheese) Yogurt tubes
Friday	Toast or bread and yogurt tubes

Please note some items may have to be changed due to substitutions received. We will endeavour to keep as close to the menu as possible.

ASC Menu

Week B

Monday	Chicken Burger in a bun and garlic bread Salad – cucumber, carrot sticks Yogurt tubes
Tuesday	Meatballs in tomato sauce served with pasta or spaghetti Salad – cucumber, carrot sticks Yogurt tubes
Wednesday	Sandwiches – with ham, cheese or chicken and crisps Salad – cucumber, carrot sticks Yogurt tubes
Thursday	Hot dog in a roll served with super noodles Salad – cucumber, carrot sticks Yogurt tubes
Friday	Toast or bread and yogurt tubes

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